
EXTERNAL JUGULAR VEIN ACCESS

FIELD ASSESSMENT/TREATMENT INDICATORS

Patient condition requires IV access and other peripheral IV access attempts are unsuccessful.

Patient 15 years of age and older - Base Hospital contact not required

Patient 9 to 14 years of age - Base Hospital contact required.

Patient 8 years of age and younger - not indicated

PROCEDURE

1. Inform patient of procedure, if alert.
2. Utilize axial spinal stabilization in trauma patients. If not in axial-spinal stabilization, extend and stabilize patient's neck. Maintain axial stabilization if the need to remove C collar arises.
3. Place in trendelenberg position, or apply slight pressure at base of vein for tourniquet effect.
4. Obtain external jugular vein access with appropriately sized IV catheter.
5. Securely tape catheter with occlusive dressing in place and continue to monitor for patency.
6. Recheck site frequently for signs and symptoms of infiltration.